

ERIK'S

ESTD DELICAFÉ 1973

Erik Johnson, Founder



Welcome to Erik's DeliCafé®!

There's been some changes since we opened in Scott's Valley in 1973, but what hasn't changed and never will is our commitment to our customers. Our pledge of a warm and inviting atmosphere, and quality food served fast with friendly service is practiced in our DeliCafés everyday.

Our sandwiches are made with high-quality meats, savory cheeses, and fresh produce. Our slow-simmered and hand-crafted soups, freshly-made salads, and delicious bakery goods are made with only the finest ingredients.

We look forward to serving you time and time again. Bring friends and family to share in the hospitality and goodness of Erik's DeliCafé.

[See our menu online →](#)

[Find an Erik's near you →](#)

CORPORATE OFFICE

1550 The Alameda, Suite 330, San Jose, CA 95126 • 831.458.1818 • EriksDeliCafe.com

Major credit cards accepted

Seasoned Citizens® 10% discount offered to our customers 62 and older.

Allergies Should you or any member of your party have any allergies, please notify a team member. Many of our products contain or may come into contact with common allergens, including wheat, peanuts, soy, tree nuts, eggs, fish and shellfish.

Gluten Free **G** Any sandwich can be made with gluten-free whole grain bread. In consuming Erik's gluten-free products, please be aware that there may be a chance of cross contamination.

Nutritional & Dietary Info 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Please see our nutritional brochure, available at any Erik's locations, or visit our website at www.EriksDeliCafe.com for complete nutritional information.

Partners All natural turkey and chicken from our friends at Foster Farms.



Sandwiches

With Character[®]

Made-to-order, savory and never boring, our sandwiches guarantee good eatin' and fine feelin'.

Any Half Sandwich • 4.79

Classic

Pilgrim's Progress[®] • 8.50 570 cal
Slices of turkey breast and avocado on hearty 9-grain bread with onions, tomato, clover sprouts and Erik's Secret Goo[®].

Turkey Walnut Pesto • 8.95 800 cal
Turkey breast topped with avocado, Monterey jack cheese, walnut aioli, onions, tomato, and clover sprouts on hearty 9-grain bread.

Sweet Liberty • 7.95 650 cal
Turkey breast, Swiss cheese, red bell pepper, onions, tomato, clover sprouts and Erik's sweet hot mustard on hearty 9-grain bread.

Pot Belly • 8.50 670 cal
Slices of turkey breast topped with pastrami, Monterey jack cheese, onions, tomato, clover sprouts and Erik's Secret Goo on fresh baked sourdough.

R.E.O. Speedwagon • 8.50 650 cal
Smoked ham, turkey breast and Monterey jack cheese with onions, tomato, clover sprouts and Erik's Secret Goo on fresh baked sourdough.

Rio Grande Club • 8.50 790 cal
Turkey breast, hickory smoked bacon, pepper jack cheese, tomato and lettuce topped with Erik's guacamole and Secret Goo on toasted ciabatta.

Thai Chicken Wrap • 8.50 730 cal
Tortilla wrap with chicken breast, mango, red bell pepper, mint, cilantro, peanuts, green onion and romaine. Served with a side of spicy peanut sauce.

Veggie

Natural High • 8.50 880 cal
A warm sandwich with a wheat pita stuffed with Monterey jack and cheddar cheese, avocado, mushrooms, sunflower seeds, onions, tomato, clover sprouts and Erik's Secret Goo.

Del Monte Special • 7.95 630 cal
Hearty 9-grain bread with avocado, Monterey jack cheese, onions, tomato, clover sprouts and Erik's Secret Goo.

Farmer's Market • 7.95 590 cal
A garden sandwich on 9-grain bread piled high with avocado, sunflower seeds, sliced pickles, mushrooms, grated carrots, red bell pepper, onions, tomato, clover sprouts, lettuce and Erik's sweet hot mustard.

Warm

Abbott's Habit • 8.95 670 cal
Premium roast beef, Swiss cheese, mushrooms, onions, tomato, clover sprouts and Erik's Secret Goo on a French roll.

Chicken Pesto • 8.50 740 cal
Grilled chicken breast, pepper jack cheese, onions, tomato, clover sprouts and Erik's basil pesto on an onion roll.

Erik's Reuben • 8.95 810 cal
Cured pastrami, sauerkraut, Swiss cheese, Erik's Thousand Island dressing on swirl rye bread.

Sea Dog • 8.95 780 cal
A generous serving of fresh tuna salad with cheddar cheese, avocado, tomato, onions and Erik's Secret Goo on fresh baked sourdough.

Erik "Berger" • 8.50 710 cal
Smoked ham piled high on an onion roll with Monterey jack cheese, onions, tomato, clover sprouts and Erik's Secret Goo.

Raging Bull • 8.95 650 cal
Premium roast beef with mild green peppers, pepper jack cheese, onions, tomato, clover sprouts and Erik's Secret Goo on an onion roll.

Chicken Durango • 8.95 760 cal
Grilled chicken breast, hickory smoked bacon, cheddar cheese, onions, tomato, clover sprouts and tangy ranch dressing on toasted ciabatta.

Salads

Fresh greens, delectable dressings and crisp veggies.

Chicken Gorgonzola • 8.95 590 cal*

Grilled chicken breast over fresh greens topped with sharp Gorgonzola cheese, Craisins®, honey maple walnuts with pomegranate blueberry vinaigrette.

Baja Fiesta • 8.95 750 cal*

Grilled chicken breast over romaine, baja bean salad, cheddar, avocado, cilantro, red bell pepper, tomato, with Erik's salsa ranch dressing and tri-color tortilla strips.

Sweet Thai • 8.50 750 cal*

Grilled chicken breast over romaine, red bell pepper, mango, edamame, cucumber, carrots, peanuts, cilantro, mint and green onions with Erik's special sesame dressing, spicy peanut sauce, and crispy wonton strips.

Garden of Capri • 8.50 600 cal*

Garden salad mix with red onion slivers, tomato, cucumber, mozzarella, basil, croutons, drizzled pesto, and balsamic dressing.

Dixie BBQ Chicken • 8.95 850 cal*

Grilled chicken breast over romaine, baja bean salad, cheddar and tomato topped with ranch dressing, BBQ sauce and crispy onions.

Caesar Salad ^{REG} 4.95 • ^{LRG} 6.95

450 – 600 cal*

Add chicken for +2.50 more.

House Salad ^{REG} 4.95 • ^{LRG} 6.95

210 – 360 cal

Add chicken for +2.50 more.

*Calorie counts for salads include 2 oz. dressing.

Dressings

Balsamic Vinaigrette G 180 cal

Bleu Cheese G 150 cal

Blueberry Pomegranate Vinaigrette G 120 cal

Erik's Famous Caesar G 170 cal

Erik's Salsa Ranch G 230 cal

Erik's Special Sesame 180 cal

Ranch G 270 cal



Slow-simmered soups, spooned from Erik's own time-tested family recipes. Calorie counts represent our cup size to our pot size.

Butternut Squash G 180 cal – 420 cal

Roasted squash and herbs pureed into creamy richness.

Chicken Vegetable Rice 100 cal – 220 cal

Fresh roasted chicken, brown rice, and potatoes in a savory broth of vegetables and herbs.

Tomato Basil Bisque G 160 cal – 360 cal

Rich tomato and fresh basil flavors.

Vegetarian Vegetable G 50 cal – 120 cal

Crisp fresh vegetables in a savory broth.

“Texas Jailhouse” Chili® G 210 cal – 480 cal

Hearty chili with chopped red onions and cheddar cheese.

New England Clam Chowder

220 cal – 500 cal

Classic East Coast style with tasty clams.

Special Kettle

Our rotating selection of delicious soups. Check the board for details.

Sizes *Served with crackers or bread.*

Cup • 4.50

Pot • 7.95

Bowl • 5.50

To-Go Quart • 14.50

Sourdough Soup Bowl • 8.50

Deliciously soft and crunchy bread bowl.

Deli Salads

Potato Salad G ^{REG} 3.95 • ^{LRG} 5.95 280 – 570 cal

Macaroni Salad ^{REG} 3.95 • ^{LRG} 5.95 670 – 1330 cal

Pasta Salad ^{REG} 3.95 • ^{LRG} 5.95 510 – 1020 cal

Extras

Smoked Bacon G 1.95 90 cal

Extra Cheese G 1.50

Extra Tuna Salad G 4.95

Avocado G 1.95 90 cal

Extra Meat 2.50

ERIK'S

Food *with* Character

Combos

With Character[®]

Half Sandwich Combo 9.50

Any half sandwich with a bowl of soup or house salad or deli salad.

Light & Tasty Combo 7.95

Any cup of soup served with a house salad.

Sourdough Bowl Combo 9.50

Our sourdough soup bowl with your choice of Erik's soup and a house salad.

Square Meal +3.50

Any full sandwich with a cup of soup or house salad or deli salad.

Chips & Drink Deal +2.95

Purchase any sandwich and add a fountain drink and bag of chips.

Sweets

Erik's Carrot Cake • 4.50 350 cal

Moist and delicious, our famous carrot cake is made from Erik's mother's family recipe.

Sandy's Amazing Chocolate Chunk

Manifesto™ Cookie • 2.50 390 cal

Chunks of sustainable chocolates grown in the Peruvian Andes and pretzel bits in every bite.

Salted Caramel Manifesto™ Cookie

• 2.50 350 cal

Toffee, white chocolate chunks, pretzel bits and sea salt topped with pretzel salt and golden demerara sugar.

Chewy Marshmallow Manifesto™ Bar G

• 2.95 250 cal

Homemade mini-marshmallows with gluten-free, crispy rice puffs, brown butter and a hint of sea salt.

Peruvian Chocolate Manifesto™ Brownie

• 2.95 350 cal

Rich, dense chocolate brownie with sustainably-sourced Peruvian chocolate.

Kid's Meals

For kiddos 12 and under, their choice of milk or apple juice.

Charlie Cheese Pocket • 4.95 310 cal

Melted Monterey jack and cheddar cheese served in a half wheat pocket.

Annie Ankle Biter • 4.95 360 cal

Half of a peanut butter and strawberry preserves sandwich on hearty 9-grain bread.

Tommy Turkey • 4.95 190 cal

Half of a turkey breast sandwich with lettuce and Erik's Secret Goo on hearty 9-grain bread.

Drinks & Chips

See individual containers for calories. Or don't. Live a little.

Sioux City Sarsaparilla • 2.95

Cream Soda • 2.95

Martinelli's Apple Juice • 2.50

Still or Sparkling

Nantucket Nectars • 2.95

Orange Juice or Lemonade

Arizona Iced Tea • 2.95

San Pellegrino • 2.50

Aranciata or Limonata

Perrier Sparkling Water • 2.50

Fountain Drinks ^{REG} 1.95 • ^{LRG} 2.50

Free refills when dining in.



Bottled Water • 1.95

Milk • 1.50

Plain or Chocolate

Chips • 1.50

Choose from Lay's, Miss Vickie's and Dirty Chips. See bag for calorie content.