

Sweets

Erik's Carrot Cake 630 cal
Our famous carrot cake is made from Grammie's time-tested family recipe filled with carrots and pineapples, topped with sprinkled walnuts on a lightly sweetened cream cheese frosting.

Sandy's Amazing Chocolate Chunk Manifesto® Cookie 390 cal
Chunks of sustainable chocolates grown in the Peruvian Andes and pretzel bits in every bite.

Salted Caramel Manifesto® Cookie 350 cal
Toffee, white chocolate chunks, pretzel bits and sea salt topped with pretzel salt and golden demerara sugar.

Chewy Marshmallow Manifesto® Bar G 250 cal
Homemade mini-marshmallows with gluten-free, crispy rice puffs, brown butter and a hint of sea salt.

Peruvian Chocolate Manifesto® Brownie 350 cal
Rich, dense chocolate brownie with sustainably-sourced Peruvian chocolate.

Kids Meals

For kiddos 12 and under. Comes with bottled water and a bag of chips or a kid's side.

Annie Ankle Biter 350 cal
Half of a peanut butter and strawberry preserves sandwich on hearty 9-grain bread.

Charlie Cheesepocket 300 cal
Melted Monterey Jack and cheddar cheese served in a half wheat pocket.

Tommy Turkey 170 cal
Half of a turkey breast sandwich with green leaf lettuce and Erik's Secret Goo® on hearty 9-grain bread.

Drinks & Chips

See individual containers for calories. Or don't. Live a little.

Sioux City
Cream Soda or Sarsaparilla



Arizona Arnold Palmer Iced Tea

Guayaki Organic Yerba Madre

San Pellegrino
Aranciata Rossa or Limonata

Martinelli's Apple Juice
Still or Sparkling

Sparkling Water

Bottled Water

Fountain Drink
Free refills when dining in.



Chips
Choose from Lay's, Miss Vickie's and Dirty Chips. See bag for calorie content



Erik and Ray Johnson, 1988

Aptos
831.688.5656

Campbell
408.371.8282

Capitola
831.475.4646

Dublin
925.829.1414

Folsom
916.510.2200

Foster City
650-240-0011

Fremont
510.490.7799

Gilroy - Outlets
408.847.5252

Hayward
510.876.5555

Los Gatos
408.395.6363

Milpitas
408.262.7878

Here's to your health!®

We've come a long way since first opening in Scotts Valley on September 17, 1973. Our pledge of a warm and inviting atmosphere, and quality food served fast with friendly service is practiced in our DeliCafés every day.

We look forward to serving you time and time again. Bring friends and family to share in the hospitality and goodness of Erik's DeliCafé.



Morgan Hill - Cochrane Road
408.776.0303

Morgan Hill - Vineyard Town Center
408.778.5151

Mountain View - Charleston Road
650.962.1212

Mountain View - Grant Road
650.962.9191

Redwood City
650.364.1717

Roseville
916.782.5566

Salinas
831.449.7272

San Francisco - Salesforce Transit Center
415.574.0011

San Jose - Branham Square
408.265.1818

San Jose - Downtown
408.998.2323

San Jose - Orchard Town Center
408.365.1515

San Jose - The Plant
408.280.0404

San Ramon
925.314.0909

Santa Clara - Kiely Boulevard
408.246.1010

Santa Cruz - Soquel Drive
831.462.1919

Scotts Valley
831.438.4646

Seaside
831.393.1818

Watsonville
831.724.7575

All DeliCafés are independently owned and operated

Partners



Turkey breast from our friends at Jennie-O



Natural chicken from our friends at Foster Farms



Quality ham from our friends at Smithfield

Allergen Infomation Because our suppliers are not required to disclose all ingredient information, we cannot confirm every ingredient. If you or a member of your party has a food allergy, please notify a team member before ordering.

Our menu contains the following major allergens:
EGG, FISH, SHELLFISH, MILK, WHEAT, PEANUTS, SOY, TREE NUTS, and SESAME.

Our kitchen handles all major allergens. Cross-contact is possible, and we cannot guarantee any item is allergen-free. Guests with severe allergies should speak with a team member before ordering.

Full allergens guide available upon request. Scan the QR code for detailed allergen information.



HOME OFFICE

1550 The Alameda, Suite 330, San Jose, CA 95126
831.458.1818 • EriksDeliCafe.com

Major credit cards accepted
E - 259-84 © Erik's DeliCafé, Inc. 1973, 2025

Seasoned Citizens® 10% discount offered to our guests 62 and older for in-store only.

Printed on paper sourced in an environmentally-friendly manner.



Butternut Squash

Chicken Gorgonzola



Pilgrim's Progress®



order.EriksDeliCafe.com

Sandwiches *With Character*®

Abbott’s Habit 600 cal
Thinly sliced roast beef, Swiss cheese, mushrooms, tomato, onions, clover sprouts, Erik’s Secret Goo® on a French roll. **Served warm.**

California Crunch 860 cal
Pastrami, tender turkey breast, Monterey Jack cheese, avocado slices, tomato, onions, clover sprouts, Erik’s Secret Goo® on our signature Dutch crunch roll.

Chicken Durango 920 cal
Grilled chicken breast, hickory smoked bacon, cheddar cheese, tomato, onions, clover sprouts, tangy ranch dressing on ciabatta. **Served warm.**

Chicken Pesto 550 cal
Grilled chicken breast, Pepper Jack cheese, tomato, onions, clover sprouts, basil pesto on an onion roll. **Served warm.**

Ciao Down 990 cal
Traditional salami, tender turkey breast, Swiss cheese, tomato, onions, hot cherry peppers, clover sprouts, basil pesto on our signature Dutch crunch roll. Spicy.

Dub Club 890 cal
Smoked ham, tender turkey breast, hickory smoked bacon, cheddar cheese, avocado slices, tomato, onions, clover sprouts, Erik’s Secret Goo® on sourdough bread.

Erik “Berger” 560 cal
Smoked ham, Monterey Jack cheese, tomato, onions, clover sprouts, Erik’s Secret Goo® on an onion roll. **Served warm.**

Erik’s Reuben 670 cal
Thinly sliced pastrami, Swiss cheese, sauerkraut, Erik’s Thousand Island dressing on swirl rye bread. **Served warm.**

Gauche Grinder 1230 cal
Thinly sliced roast beef, mozzarella, crispy fried onions, tomato, clover sprouts, chimichurri sauce, Erik’s Secret Goo® on our signature Dutch crunch roll. **Served warm.**

Italian Job 1090 cal
Salami, smoked ham, mortadella, provolone cheese, shredded romaine, tomato, onions, hot cherry peppers, herb red wine vinaigrette, Erik’s Secret Goo® on a French roll.

Ocean Avenue 640 cal
Handcrafted tuna salad, cucumbers, tomato, onions, clover sprouts, sweet hot mustard on swirl rye bread.

Pilgrim’s Progress® 550 cal
Tender turkey breast, avocado slices, tomato, onions, clover sprouts, Erik’s Secret Goo® on hearty 9 grain bread.

Pot Belly 670 cal
Pastrami, tender turkey breast, Monterey Jack cheese, tomato, onions, clover sprouts, Erik’s Secret Goo® on sourdough bread.

Raging Bull 580 cal
Thinly sliced roast beef, Pepper Jack cheese, mild green chiles, tomato, onions, clover sprouts, Erik’s Secret Goo® on an onion roll. **Served warm.**

R.E.O. Speedwagon 690 cal
Smoked ham, tender turkey breast, Monterey Jack cheese, tomato, onions, clover sprouts, Erik’s Secret Goo® on sourdough bread.

Rio Grande Club 960 cal
Tender turkey breast, hickory smoked bacon, Pepper Jack cheese, avocado slices, lettuce, tomato, Erik’s Secret Goo® on ciabatta.

Turkey with Pesto 760 cal
Tender turkey breast, Monterey Jack cheese, avocado slices, tomato, onions, clover sprouts, basil pesto on hearty 9 grain bread.

Veggie

Del Monte Special 660 cal
Avocado slices, Monterey Jack cheese, tomato, onions, clover sprouts, Erik’s Secret Goo® on hearty 9 grain bread.

Farmer’s Market 620 cal
Avocado slices, green leaf lettuce, tomato, onions, red bell pepper, mushrooms, carrots, clover sprouts, pickles, sunflower seeds, Erik’s sweet hot mustard on hearty 9 grain bread.

Natural High 1050 cal
Monterey Jack cheese, cheddar cheese, avocado slices, tomato, onions, mushrooms, sunflower seeds, clover sprouts, Erik’s Secret Goo® in a wheat pita. **Served warm.**

All sandwiches served with a crisp pickle spear. Dine-in orders also include an orange slice. Half sandwiches available. Add soup or salad to make it a combo. View our Vintage Menu on order.EriksDeliCafe.com

Soup’s On!®

Cup • Bowl • Pot • Sourdough Bowl
Make it a combo – pair with a half or whole Sandwich with Character.

Butternut Squash **G** 190 cal – 900 cal
Roasted squash and herbs pureed into creamy richness. Gluten Free.

Chicken Vegetable Rice 80 cal – 760 cal
Fresh roasted chicken, brown rice, and potatoes in a savory broth of vegetables and herbs.

New England Clam Chowder 200 cal – 920 cal
Rich, creamy New England-style clam chowder made with chopped sea clams, fresh Yukon potatoes, garlic, onions, carrots and celery, then finished with fresh herbs, spices and a hint of cayenne.

“Texas Jailhouse” Chili® **G** 220 cal – 940 cal
Hearty chili with chopped red onions and cheddar cheese. Gluten Free.

Tomato Basil Bisque **G** 140 cal – 840 cal
Rich tomato and fresh basil flavors. Gluten Free.

Vegetarian Vegetable **G** 40 cal – 710 cal
Crisp fresh vegetables in a savory broth. Gluten Free.

Check the menu board or order.EriksDeliCafe.com for our rotating Special Kettle



Groovy Greens

Available in Regular or Large. Add chicken to any salad for an additional charge.

Baja Fiesta 215/430 cal*
Grilled chicken breast, romaine, baja bean salad, cheddar cheese, avocado, red bell pepper, cherry tomatoes, with jalapeño ranch dressing and tri-color tortilla strips.

Chicken Gorgonzola 275/550 cal*
Grilled chicken breast over fresh greens topped with sharp Gorgonzola cheese, Craisins®, honey maple walnuts with blueberry pomegranate vinaigrette.

Mandarin Tree 140/280 cal*
Grilled chicken breast, romaine, red bell pepper, Mandarin oranges, cucumber, wonton strips, sesame dressing.

Caesar 410/470 cal
Fresh romaine tossed with parmesan cheese, croutons, and Caesar dressing.

House 100/190 cal*
Garden salad mix, cherry tomatoes, cucumbers, red bell pepper, clover sprouts, croutons, balsamic vinaigrette.

*Calorie counts for salads does not include 2 oz. dressing

Dressings (2 oz.)	
Balsamic Vinaigrette G 110 cal	Jalapeño Ranch G 200 cal
Blueberry Pomegranate Vinaigrette G 230 cal	Sesame 230 cal
Caesar G 250 cal	Ranch G 200 cal

Wraps

Cleopatra Wrap 1240 cal
Grilled chicken breast, avocado slices, romaine, tomato and parmesan cheese tossed with croutons and Caesar dressing in a wheat wrap.

Hail Caesar Wrap 1160 cal
Grilled chicken breast, romaine, and parmesan cheese tossed with croutons and Caesar dressing in a wheat wrap.

Deli Salads

Macaroni Salad 670 - 1330 cal
Semolina wheat noodles gently tossed with carrots, onions, celery and a creamy top-shelf mayonnaise dressing.

Pasta Salad 510 - 1020 cal
Spiral tricolor rotelli egg pasta, artichoke pieces and fresh mushroom slices dressed with our special oil and vinegar marinade.

Gluten Free **G** Any sandwich can be made with gluten-free, whole grain bread and is free of charge. In consuming Erik’s gluten-free products, please be aware that there may be a chance of cross contamination.
Nutritional & Dietary Info 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Please see our nutritional brochure, available at any Erik’s locations, or visit www.EriksDeliCafe.com for complete nutritional information.